What Might Psychologists Learn from the Scholarship of Teaching and Learning in Physics? ¹,²

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Abstract: In this article I:
(a) note that psychologists have made outstanding contributions to the Scholarship of Teaching and Learning;

(b) bemoan the failure of psychologists to develop a Psychology Concept Inventory;

(c) point to evidence from pre/post testing with the Force Concept Inventory for the approximately two-standard-deviation superiority in average pre-to–post-course normalized gains in conceptual understanding for “interactive engagement” over “traditional” passive-student lecture courses;

(d) give crucial operational definitions relevant to “c” above;

(e) present accolades from biologists, economists, and mathematicians for SoTL in physics;

(f) list 14 hard won lessons from SoTL in physics that may be of value to psychologists;

(g) contend that APA Style <http://www.apastyle.org/> is so overly prescriptive that, unlike the less prescriptive AIP Style <http://bit.ly/14MRaMY>, it deters rather than enhances coherent presentation of complex material;

(h) conclude from all the above that it’s conceivable that psychologists might learn something from SoTL in physics.

Key Phrases: concept inventory, interactive engagement, passive-student lecture
I. Psychologists’ Contributions to the Scholarship of Teaching and Learning (SoTL)

It’s common knowledge that psychologists have made important contributions to the Scholarship of Teaching and Learning (SoTL). For example (in alphabetical order by last names, followed by Wikipedia entries):

Richard Atkinson <<http://bit.ly/1F4GQ0h>>
David Ausubel <<http://bit.ly/1w9iixb>>
Hilda Borko <<http://bit.ly/1uaIjC>>
John Bransford <<http://bit.ly/1yFo7qD>>
Ann Brown <<http://bit.ly/1sKUGQm>>
Jerome Bruner <<http://bit.ly/1rd8b6d>>
Allan Collins <<http://bit.ly/1vA59jV>>
Howard Gardner <<http://bit.ly/1w3ne7G>>
Larry Hedges <<http://bit.ly/1xVFjvi>>
Fred Keller <<http://bit.ly/1sVISLf>>
Jean Piaget <<http://bit.ly/1yEp0j7>>
Marlene Scardamalia <<http://bit.ly/1rAq9zw>>

In addition, in the early 1980s psychologist Michael McCloskey’s <http://bit.ly/1CDobVs> seminal studies of misconceptions regarding “bodies in motion” startled physics educators by showing that even after an introductory course on Newtonian mechanics many students retained naive beliefs about motion. In their pioneering paper “The initial knowledge state of college physics” in which they introduced the landmark “Mechanics Diagnostic Test” of conceptual understanding of Newtonian mechanics, physicists Halloun & Hestenes (1985a) paid tribute to the foundational work of McCloskey and his collaborators, citing “Curvilinear Motion in the Absence of External Forces: Naïve Beliefs About the Motion of Objects” [McCloskey, Caramazza, & Green (1980)] and “Naive beliefs in ‘sophisticated’ subjects: Misconceptions about trajectories of objects” [Caramazza, McCloskey, & Green (1981)].

II. The Failure of Psychologists to Develop a Psychology Concept Inventory

Despite the above outstanding SoTL contributions by psychologists, contemporary Psychology Education Researchers have evidently failed to develop a “Psychology Concept Inventory” (PCI) comparable to the prototype “Force Concept Inventory” (FCI) of physics [Hestenes, Wells, & Swackhamer (1992); Halloun, Hake, Mosca, & Hestenes (1995)]. The FCI was developed through extensive qualitative and quantitative research on students’ conceptions of “bodies in motion.” It has been administered as a pre- and post-course test to thousands of students in hundreds of introductory undergraduate physics courses so as to gauge the effectiveness of both traditional and reform courses in promoting conceptual understanding – see e.g., the Wikipedia entry at <http://bit.ly/dARkDY>.

Considering that the “Support Center” <http://bit.ly/147ft7j> of the American Psychological Association (APA) estimates “that approximately 1.5 million undergraduate students complete an introductory or general psychology course each year - see Cush & Buskist (1997),” it would appear that psychologists are missing a great opportunity to definitively evaluate the effectiveness of their introductory courses by pre- and post-course testing of thousands of students in at least hundreds of courses, as has been accomplished in physics with its approximately 0.61 million undergraduate students per year enrolled in introductory physics courses - this according to the “Statistical Research Center” of the American Institute of Physics (AIP) at <http://bit.ly/1tTabc6>.

My cursory literature search located only two tests of psychology understanding that might be given to introductory course students: E.D. Vaughan's (1977) “Test of Common Beliefs” and L.E. McCutcheon’s (1991) “New Test Of Misconceptions About Psychology.” But these are evidently rarely employed by psychologists to evaluate their teaching. At the very least, since psychology is often taken by incoming university students to fulfill a science requirement, it might be interesting for psychologists to administer a “Nature of Science Assessment” [Lederman et al. (2014)] as a pre- and post-course test.

Despite the dearth of formative evaluation of introductory psychology course students, there has been some discussion of such evaluation in, e.g., (a) “Confronting Psychological Misconceptions in the Classroom: Challenges and Rewards” [Lilienfeld (2010)]; (b) “College Students’ Common Beliefs about Psychology” [Lamal (1979)]; (c) the 14-post PhysLrnR discussion-list thread “Re: Pretest and Post-test instruments for an Introduction to Psychology” in the January 2007 archives of PhysLrnR at <http://bit.ly/1vMth31> – see especially the posts of Hake (2007b,c), Holton (2007), and Wittmann (2007)); and (d) “Why Don't Psychologists Research the Effectiveness of Introductory Courses?” [Hake (2007d)]. Therein I wrote (slightly edited):

I argue that there's nothing to prevent the development in any discipline of “Interactive Engagement” methods similar to those found in physics to yield average normalized gains about two standard deviations greater than those produced by traditional passive-student lecture courses. It has been suggested by Holton (2007) that the apparent failure of psychologists to engage in such development, even despite their long history of major contributions to SoTL .. . . . . . . . . . . can be attributed to a lack of funding. But I would guess (please correct me if I’m wrong) that over the past 20 years there’s been more funding for educational research by psychologists than by physicists. In my opinion, the lack of substantive discussion in the psychology literature of the measurement and enhancement of learning gains in introductory psychology courses suggests that psychologists, with a few notable exceptions, are simply not interested in gauging the effectiveness of their undergraduate courses in enhancing student higher-order learning.
And in “Should We Measure Change? Yes!” [Hake (2011b), I wrote (slightly edited):

Formative pre/post testing is being successfully employed to improve the effectiveness of courses in undergraduate astronomy, biology, chemistry, economics, engineering, geoscience, and physics. But such testing is still anathema to many members of the Psychology-Education-Psychometric (PEP) community. I argue that this irrational bias impedes a much needed enhancement of student learning in higher education.

In a recent Carnegie Perspective, psychologist Lloyd Bond (2005) <<http://bit.ly/1wE0qLa>>, a senior scholar at the Carnegie Foundation, commented (slightly edited):

If one wished to know what knowledge or skill Johnny has acquired over the course of a semester, it would seem a straightforward matter to assess what Johnny knew at the beginning of the semester and reassess him with the same or equivalent instrument at the end of the semester. It may come as a surprise to many that measurement specialists have long advised against this eminently sensible idea. Psychometricians don’t like “change” or “difference” scores in statistical analyses because, among other things, they tend to have lower reliability than the original measures themselves. Their objection to change scores is embodied in the very title of a famous paper “How we should measure ‘change’ - or should we?” [Cronbach & Furby (1970)]. They opined: “gain scores are rarely useful, no matter how they may be adjusted or refined. . . . investigators who ask questions regarding gain scores would ordinarily be better advised to frame their questions in other ways.

Cronbach & Furby’s dour appraisal of pre/post testing has echoed down though the literature to present day texts on assessment such as that by Suskie (2009). . .[[for an antidote to anti-pre/post Suskie (2009) see pro-pre/post Maki (2010)]]. . . In my opinion, such pre/post paranoia and its attendant rejection of pre/post testing in evaluation, as used so successfully in physics education reform [Hake (2005c)], is one reason for the glacial progress of educational research [Lagemann (2000, 2002); Berliner (2002)] and the widely acknowledged need for reform of higher education– see e.g. (in alphabetical order of first author’s last name:

(1) Academically Adrift: Limited Learning on College Campuses [Arum & Roksa (2011)];
(3) Our Underachieving Colleges: A Candid Look at How Much Students Learn and Why They Should Be Learning More [Bok (2005a)];
(4) “Are colleges failing? Higher ed needs new lesson plans” [Bok (2005b)];
(5) College: What It Was, Is, and Should Be [Delbanco (2012)],
(6) A University for the 21st Century [Duderstadt (2000)];
(7) Higher Education?: How Colleges Are Wasting Our Money and Failing Our Kids – and What We Can Do About It [Hacker & Dreifus (2010)];
(8) Declining by Degrees: Higher Education at Risk [Hersh & Merrow (2005)];
(9) “What Does College Teach? It’s time to put an end to ‘faith-based’ acceptance of higher education’s quality” [Hersh (2005);
(10) We're Losing Our Minds: Rethinking American Higher Education" [Keeling & Hersh (2011)];
(11) Academic Duty [Kennedy (1999)];
Despite (a) Evidence for the Superiority of “Interactive Engagement” Over “Traditional” Passive-student Lecture Methods in Physics (Sect. III below) and (b) “Accolades from Biologists, Economists, and Mathematicians for SoTL in Physics” (Sect. V below), psychologists have, for the most part, ignored SoTL in physics. An exception is Chapter 15 “Signature Pedagogies in Introductory Physics” by physicist Mark J. Lattery <http://bit.ly/1rd3CsK> in the exemplary Exploring Signature Pedagogies: Approaches to Teaching Disciplinary Habits of Mind, by psychologists Gurung, Chick, & Haynie (2008). “Signature Pedagogies” alludes to Shulman’s (2005) Daedalus article “Signature pedagogies in the professions.”

As for the unreliability of ‘change scores,’ such charges by Lord (1956, 1958) and Cronbach & Furby (1970) have been called into question by . . . . . . [see “Should We Measure Change? Yes!” [Hake (2011b)] for the references in the next two sentences]. . . . . e.g., Rogosa, Brandt, & Zimowski (1982), Zimmerman & Williams (1982), Rogosa & Willett (1983, 1985), Rogosa (1995), Wittmann (1997), Zimmerman (1997), & Zumbo (1999). Furthermore, the measurement of change is an active area of current research by psychometricians such as Collins and Horn (1991), Collins & Sayer (2001), Singer & Willett (2003), Lissitz (2005), and Liu & Boone (2006). All this more recent work should serve as a caution for those who dismiss measurements of change.

In my discussion list post “Do Psychologists Research the Effectiveness of Their Own Introductory Courses?” [Hake (2005b)], I quoted psychologist Jerry Rudmann as follows:

The American Psychological Association has been supporting the peer reviewed, scholarly journal, Teaching of Psychology <http://top.sagepub.com/> for over 30 years. . . . . [I thank psychologist Victor Benassi <http://bit.ly/1pVG55A> for informing me that, contrary to Rudmann’s assertion, “The journal Teaching of Psychology is not supported or published by the American Psychological Association. It is published by the Society for the Teaching of Psychology (which is associated with APA, but ToP is not an APA publication).” See <http://bit.ly/1KwjP9v>]. . . . . .This publication, of which each new issue appears quarterly, is packed with empirical evaluations done of specific teaching techniques and strategies, psychology courses, and psychology programs.

I responded to Rudmann thusly:

Physicist David Meltzer kindly sent me “Annotated Bibliographies for the Teaching of Psychology” for 1999, 2000, and 2001 [Johnson & Schroeder (2000, 2001, 2002)]. A quick scan indicated nothing at all comparable to the rigorous pre/post testing assessments of introductory courses taking place in physics using: (a) research-based tests widely recognized as both valid and reliable, (b) reasonably well matched control groups (the traditional courses), and (c) experiments in hundreds of different courses with various types of students, teachers, and institutions. Such pre/post testing does not meet the U.S. Dept. of Education’s (USDE’s) pseudo “gold standard” of randomized control trials – see e.g., ”17 Statements by Gold Standard Skeptics” [Hake (2010a)] - but would nevertheless probably pass muster at the USDE’s “What Works Clearing House” <http://ies.ed.gov/ncee/wwc/> as quasi-experimental studies [Shadish et al. (2002)] of especially strong design.
IMHO, without such mass pre/post testing there can be little understanding of the need for, or the results of, various types of reform pedagogies or curricula. I regard the apparent failure of psychologists to research the effectiveness of their own introductory courses as an important issue in education research because, among other things:


(2) Educational psychologists often staff the “Teaching and Learning Centers” of U.S. universities and thus might (but generally do not) influence faculty to research the cognitive effectiveness of their courses through valid and consistently reliable diagnostic tests developed by disciplinary experts, rather than through the usual problematic [Hake (2002b)] student evaluations.

(3) Psychologists and psychometricians seem to be in control of the U.S. Dept. of Education’s “What Works Clearinghouse” <http://ies.ed.gov/ncee/wwc/> and NCLB <http://www2.ed.gov/nclb/landing.jhtml>. Why should they be the arbiters of “What Works” when, as far as I know, they haven’t even bothered to research “What Works” in their own courses?”

For Newtonian mechanics, physics education researchers have demonstrated that “interactive engagement” (IE) methods can produce a roughly two-standard-deviation superiority in average normalized pre-to-post-course learning gains $g$ over “traditional” (T) passive-student lecture methods [Hake (1998a,b)]. As of 2008, similar differences in $g$ between IE and T courses had been reported in at least 25 other peer reviewed publications, as listed in “Design-Based Research in Physics Education Research: A Review” [Hake (2008)].

That research involves the measurement of pre-to-post-course learning gains on valid and consistently reliable multiple-choice Concept Inventories <<http://bit.ly/dARkDY>> developed by disciplinary experts - see, e.g.: Halloun & Hestenes (1985a,b); Hestenes et al. (1992); Thornton & Sokoloff (1998) - and the use of reasonably well-matched control groups provided by traditional introductory courses. For reviews of such research see e.g., A. “Lessons from the physics education reform effort” [Hake (2002a)]. The abstract reads:

A survey of pre/post test data using the Halloun-Hestenes Mechanics Diagnostic test or more recent Force Concept Inventory is reported for 62 introductory physics courses enrolling a total number of students $N = 6542$. A consistent analysis over diverse student populations in high schools, colleges, and universities is obtained if a rough measure of the average effectiveness of a course in promoting conceptual understanding is taken to be the average normalized gain $g$. The latter is defined as the ratio of the actual average gain ($\%<\text{post}> - \%<\text{pre}>$) to the maximum possible average gain ($100 - \%<\text{pre}>$).

Fourteen "traditional" (T) courses ($N = 2084$) which made little or no use of interactive-engagement (IE) methods achieved an average gain $g_{\text{T}-\text{ave}} = 0.23 \pm 0.04$ (std dev). In sharp contrast, forty-eight courses ($N = 4458$) which made substantial use of IE methods achieved an average gain $g_{\text{IE}-\text{ave}} = 0.48 \pm 0.14$ (std dev), almost two standard deviations of $g_{\text{IE}-\text{ave}}$ above that of the traditional courses. Results for 30 ($N = 3259$) of the above 62 courses on the problem-solving Mechanics Baseline test of Hestenes-Wells imply that IE strategies enhance problem-solving ability. The conceptual and problem-solving test results strongly suggest that the classroom use of IE methods can increase mechanics-course effectiveness well beyond that obtained in traditional practice.

B. “The Physics Education Reform Effort: A Possible Model for Higher Education” [Hake (2005c)]. Therein I wrote (slightly edited):

In sharp contrast to the:

(1) **invalid** (Student Evaluations of Teaching);

(2) **indirect** [Reformed Teaching Observation Protocol (RTOP), National Survey of Student Engagement (NSSE), Student Assessment of Learning Gains(SALG), and Knowledge Surveys (KS’s) (Nuhfer & Knipp 2003) - for a discussion and references for all but the last see “Re: Measuring Teaching Performance” (Hake, 2005d)]; or

(3) **general-ability** measures such as the Collegiate Leaning Assessment (CLA) <<http://bit.ly/ZYmqW3>> $^2$;

is the direct measure of students’ higher-level domain-specific learning through pre/post testing using (a) valid and consistently reliable tests devised by disciplinary experts, and (b) traditional courses as controls. Such pre/post testing, pioneered by economists (Paden & Moyer, 1969) and physicists (Halloun & Hestenes, 1985a,b), is rarely employed in higher education, in part because of the tired old canonical objections recently lodged by Suskie (2004) and countered by Hake (2004a) and Scriven (2004). Despite the nay-sayers, pre/post testing is gradually gaining a foothold in introductory astronomy, economics, biology, chemistry, computer science, economics, engineering, and physics courses [see Hake (2004b,c) for references].

Widely cited analysis of test data from thousands of students in dozens of courses indicating the superior effectiveness of active-learning instruction in physics (“interactive engagement”) in comparison to traditional, lecture-based methods.”

D. Adapting to a Changing World - Challenges and Opportunities in Undergraduate Physics Education [NRC (2013)]. The report states:

Hake’s (1998a) seminal report on the effectiveness of interactive engagement methods remains an important contribution to undergraduate physics education. The article presents results from the Mechanics Diagnostic (MD) (Halloun and Hestenes, 1985) and its successor, the Force Concept Inventory (FCI) (Hestenes et al., 1992), given before and after instruction on Newtonian mechanics in a variety of courses taught using different approaches. . . . . . . the conclusion, that more effective instructional approaches involve active learning, has been supported by many other studies using different methodology [Meltzer and Thornton (2012), Hoellwarth et al. (2005)].

E. “Teaching and physics education research: bridging the gap” [Fraser et al. (2014)]. The authors wrote:

Physics faculty, experts in evidence-based research, often rely on anecdotal experience to guide their teaching practices. Adoption of research-based instructional strategies is surprisingly low, despite the large body of physics education research (PER) and strong dissemination effort of PER researchers and innovators. Evidence-based PER has validated specific non-traditional teaching practices, but many faculty raise valuable concerns toward their applicability. We address these concerns and identify future studies required to overcome the gap between research and practice. . . . One of the most highly cited studies to compare student conceptual learning in traditionally taught environments to interactive classrooms was a meta-analysis conducted by Hake (1998a).

But Wait! Can multiple-choice tests (MCTs) measure conceptual understanding and higher-order learning? [For a cogent discussion of “higher-order learning” see Shavelson & Huang (2003).] Wilson & Bertenthal (2005) think so, writing (p. 94):

Performance assessment is an approach that offers great potential for assessing complex thinking and learning abilities, but multiple choice items also have their strengths. For example, although many people recognize that multiple-choice items are an efficient and effective way of determining how well students have acquired basic content knowledge, many do not recognize that they can also be used to measure complex cognitive processes. For example, the Force Concept Inventory . . . [Hestenes et al. (1992)] . . . is an assessment that uses multiple-choice items to tap into higher-level cognitive processes.
IV. Crucial Operational Definitions

Some definitions [Hake (1998a,b)] are in order:

A. “Interactive engagement” (IE) methods are defined *operationally* as those designed at least in part to promote conceptual understanding through active engagement of students in heads-on (always) and hands-on (usually) activities which yield immediate feedback to both students and instructors through student discussion with peers and/or instructors. The feedback to instructors facilitates *formative evaluation* in the sense used by Black & Wiliam (1998) and Shavelson (2008).

B. “Traditional” (T) methods are defined *operationally* as those which make little or no use of “interactive engagement” methods, relying primarily on passive-student lectures, recipe laboratories (in which detailed and explicit procedures must be followed), and algorithmic problem examinations – this is what’s known to most physicists (but not to most cognitive scientists) as “direct instruction.”

C. The “average normalized gain” $<g>$ is the average *actual* gain [\(<\%\text{post}\> - <\%\text{pre}\>\)], divided by the *maximum* possible average actual gain [\(100\% - <\%\text{pre}\>\)], where the angle brackets $< \ldots >$ signify class averages. For a discussion of the rationale and half-century-old history of the “normalized gain” see “Design-Based Research in Physics Education Research: A Review [Hake (2008)].
V. Accolades from Biologists, Economists, and Mathematicians for SoTL in Physics

A. Biologists

The introduction of the Force Concept Inventory (FCI) [Hestenes et al. (1992)] produced a remarkable impact within the community of physics teachers. An instrument to measure student comprehension of the Newtonian concept of force, the FCI demonstrates that active learning leads to far superior student conceptual learning than didactic lectures.

Compared to a working knowledge of physics, biological literacy and illiteracy have an even more direct, dramatic, and personal impact. They shape public research and reproductive health policies, the acceptance or rejection of technological advances, such as vaccinations, genetically modified foods and gene therapies, and, on the personal front, the reasoned evaluation of product claims and lifestyle choices. While many students take biology courses at both the secondary and the college levels, there is little in the way of reliable and valid assessment of the effectiveness of biological education. This lack has important consequences in terms of general bioliteracy and, in turn, for our society.

Here we describe the beginning of a community effort <http://bioliteracy.colorado.edu/> to define what a bioliterate person needs to know and to develop, validate, and disseminate a tiered series of instruments collectively known as the Biology Concept Inventory (BCI), which accurately measures student comprehension of concepts in introductory, genetic, molecular, cell, and developmental biology. The BCI should serve as a lever for moving our current educational system in a direction that delivers a deeper conceptual understanding of the fundamental ideas upon which biology and biomedical sciences are based.

B. Biologists
Wood and Gentile (2003) in a Science article “Teaching in a research context” wrote (slightly edited):

Unknown to many university faculty in the natural sciences, particularly at large research institutions, is a large body of recent research from educators and cognitive scientists on how people learn [Bransford, Brown, & Cocking (2000)]. The results show that many standard instructional practices in undergraduate teaching, including traditional lecture, laboratory, and recitation courses, are relatively ineffective at helping students master and retain the important concepts of their disciplines over the long term. Moreover, these practices do not adequately develop creative thinking, investigative, and collaborative problem-solving skills that employers often seek. Physics educators have led the way in developing and using objective tests [Hestenes, Wells, & Swackhamer (1992), Halloun et al. (1995), Hake (1998a), Beichner (2011) to compare student learning gains in different types of courses, and chemists, biologists, and others are now developing similar instruments [Klymkowski

C. Economists

We believe that economists have much to learn from educational research practices and related pedagogical innovations in other disciplines, in particular physics education. In this paper we identify three key features of physics education research that distinguish it from economics education research:

(1) the intentional grounding of physics education research in learning science principles;
(2) a shared conceptual research framework focused on how students learn physics concepts;
(3) a cumulative process of knowledge-building in the discipline;
and describe the influence of the above on new teaching pedagogies, instructional activities, and curricular design in physics education.

In addition, we highlight four specific examples of successful pedagogical innovations drawn from physics education - context-rich problems, concept tests, just-in-time teaching, and interactive lecture demonstrations - and illustrate how these practices can be adapted for economics education.
D. Mathematician David Bressoud, in his Mathematics Association of America (MAA) “Launchings” column of 1 July 2012 titled “Learning from the Physicists,” wrote:

The Physics Education Research (PER) community, through the American Association of Physics Teachers, has done a nice job of organizing a website <http://perusersguide.org/> of 51 ‘Evidence-based teaching methods’ that have been demonstrated to be effective. The site is organized to make it useful for the instructor: a brief description and each method and six searchable cross-listings that describe:

1. Level: the courses for which it is appropriate, usually introductory physics;
2. Setting: whether designed for large lecture, small classes, labs, or recitation sections;
3. Coverage: whether it requires studying fewer topics at greater depth;
4. Effort: low, medium, or high;
5. Resources: what is needed, from computer access to printed materials that must be purchased, to classrooms with tables;
6. Skills: what students are expected to acquire, usually including conceptual understanding, but also possibly problem-solving skills and laboratory skills.

In addition, each of the methods includes a list of the types of validation that have been conducted: what aspects of student learning were studied, what skills the method has been demonstrated to improve, and the nature of the research methods.

Unfortunately, the experience of the physicists demonstrates that the existence of research based instructional strategies together with documentation of their effectiveness is not sufficient to guarantee their widespread adoption. Why not? [Many of the reasons] can be found in the article “The Use of Research-Based Instructional Strategies in Introductory Physics: Where do Faculty Leave the Innovation-Decision Process [Henderson, Dancy, & Niewiadomska-Bugaj (2002)].

The work that they have done via surveys of physics faculty demonstrates that the greatest problem is not in making faculty aware of what has been done, or even in getting faculty to try different approaches to teaching. The greatest problem is in getting faculty to stick with these strategies. [My italics.]
VI. Lessons From SoTL in Physics

As indicated in “Lessons from the Physics Education Reform Effort” (Hake, 2002a) [slightly edited]:

For more than five decades, physics education researchers have repeatedly shown that traditional introductory physics courses with passive student lectures, recipe labs, and algorithmic problem exams are of limited value in enhancing students’ conceptual understanding of the subject [Karplus (1964); McKinnon (1971), McDermott and Redish (1999)]. Unfortunately, this work was largely ignored by the physics and education communities until Halloun and Hestenes (1985a,b) devised the Mechanics Diagnostic (MD) test of conceptual understanding of Newtonian mechanics. Among many other virtues, the MD and the subsequent Force Concept Inventory (FCI) (Hestenes et al., 1992, Halloun et al., 1995) tests have two major advantages:

(a) the multiple-choice format facilitates relatively easy administration of the tests to thousands of students;
(b) the questions probe for a conceptual understanding of the basic concepts of Newtonian mechanics in a way that is understandable to the novice who has never taken a physics course (and thus can be given as an introductory course pretest), yet at the same time are rigorous enough for the initiate.”

Here are 14 hard won lessons derived from “Lessons from the Physics Education Reform Effort” [Hake (2002a)] and “Six Lessons From the Physics Education Reform Effort” [Hake (2007c)]. I suspect that these lessons might be beneficial to some in the psychology community.

A. Six Lessons on Interactive Engagement

(1) The use of "Interactive Engagement" (IE) strategies can increase the effectiveness of conceptually difficult courses well beyond that obtained by traditional passive-student lecture methods.

(2) The use of IE and/or high-tech methods, by themselves, does not ensure superior student learning.

(3) High-quality standardized tests of the cognitive and affective impact of courses are essential to gauge the relative effectiveness of non-traditional educational methods.

(4) Education Research and Development (R&D) by disciplinary experts (DE’s), and of the same quality and nature as traditional science/engineering R&D, is needed to develop potentially effective educational methods within each discipline. But the DE’s should take advantage of the insights of:
(a) DE’s doing education R&D in other disciplines,
(b) cognitive scientists,
(c) faculty and graduates of education schools, and
(d) classroom teachers.

(5) The development of effective educational methods within each discipline requires a redesign process of continuous long-term classroom use, feedback, assessment, research analysis, and revision.

(6) Although non-traditional IE methods appear to be much more effective than T methods, there is need for more research to develop better strategies for enhancing student learning.
B. Eight Lessons on Implementation

(7) Teachers who possess both content knowledge and “pedagogical content knowledge” are more apt to deliver effective instruction.

(8) College and university faculty tend to overestimate the effectiveness of their own instructional efforts and thus tend to see little need for educational reform.

(9) Such complacency can sometimes be countered by administering high-quality standardized tests of understanding and by “video snooping.”

(10) A major problem for undergraduate education in the United States is the inadequate preparation of incoming students, in part due to the inadequate university education of K–12 teachers.

(11) Interdisciplinary cooperation of instructors, departments, institutions, and professional organizations is required for synthesis, integration, and change in the entire chaotic educational system (b) for a compilation of references on “systems thinking” see “Over Two Hundred Annotated References on Systems Thinking” [Hake (2009b)].

(12) Various institutional and political factors, including the culture of research universities slow educational reform . . . [see “Changing the Culture of Science Education at Research Universities (Anderson et al. (2011) and “Should the Culture of University Science Education Be Changed” (Hake, 2011a)].

(13) The monumental inertia of the educational system may thwart long-term national reform.

(14) “Education is not rocket science, it's much harder.”
- George (Pinky) Nelson, astronaut, astrophysicist, and former director of the AAAS Project 2061, as quoted by E.F. (Joe) Redish (1999).

VII. APA Style Deters Rather Than Facilitates Coherent Presentation of Complex Material

A referee of an earlier version of this essay criticized my failure to utilize APA Style <http://www.apastyle.org/>. But I contend that the APA Style, unlike the less prescriptive AIP Style <http://bit.ly/14MRaMY>, is so overly prescriptive that it deters rather than enhances coherent presentation of complex material. In particular, the APA-recommended headings <http://bit.ly/1Be9PgX> might suffice for non-scientific reports but, in my opinion, are totally inadequate for most scientific reporting, including that of the present essay.

VIII. Conclusions

Based on all the above, I think it’s conceivable that psychologists (like biologists, economists, and mathematicians) might learn something from the Scholarship of Teaching and Learning in physics.
IX. Acknowledgments

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Notes

1. In this article I:

   (a) indicate (i) quotes by indents and smaller font size, and (ii) my inserts into quotes by “...[[insert]]. . . ”;

   (b) make frequent use of the free-access, free content, Internet encyclopedia Wikipedia <http://bit.ly/1tOQ52E>;

   (c) make frequent reference to Academic Discussion List (ADL) posts;

       Regarding “b” (Wikipedia), those who dismiss Wikipedia entries as a mere “opinion pieces,” may not be aware that a study by Nature [Giles (2005)] indicated that Wikipedia comes close to Britannica in terms of the accuracy of its science entries – see e.g., “In Defense of Wikipedia” [Hake (2009a)].

       Regarding “c” (Academic Discussion Lists) see e.g., “A Guide to the ADLsphere: Over Eighty Academic Discussion Lists With Links To Their Archives & Search Engines” [Hake (2010b)].

2. In this article I shorten most URLs by <http://bit.ly/> and surrounded them by angle brackets <...> so as to promote hot-linking across line breaks and to indicate what is and is not part of the URL. Double angle brackets <<...>> surround URLs for Wikipedia articles.

3. “When we say force is the cause of motion we talk metaphysics, and this definition, if we were content with it, would be absolutely sterile. For a definition to be of any use, it must teach us to [operationally] measure force; moreover, that suffices; it is not at all necessary that it teach us what force is in itself, nor whether it is the cause or the effect of motion.” - Henri Poincare (1905)

4. Here “formative evaluation” means evaluation “designed and used to improve an intervention, especially when it is still being developed - see “Two Different Meanings of 'Formative Evaluation' #2” [Hake (2014)].

5. Here “formative evaluation” means “all those activities undertaken to provide information to be used as feedback so as to adapt the teaching to meet student needs” - see “Two Different Meanings of 'Formative Evaluation' #2” [Hake (2014)].
References and Footnotes [All URLs accessed on 11 Jan 2015; most shortened by 

Note: A few references are to posts on the CLOSED! archives <http://bit.ly/nG318r> of the physics education discussion list PhysLrnR. To access the archives of PhysLrnR one needs to subscribe : - (, but that takes only a few minutes by clicking on <http://bit.ly/nG318r> and then clicking on “Join or Leave PHYLNR-LIST.” If you’re busy, then subscribe using the “NOMAIL” option under “Miscellaneous.” Then, as a subscriber, you may access the archives and/or post messages at any time, while receiving NO MAIL from the list!


This edited book represents a sliver, albeit a substantial one, of the scholarship on the science of learning and its application in educational settings. Most of the work described in this book is based on theory and research in cognitive psychology. Although much, but not all, of what is presented is focused on learning in college and university settings, teachers of all academic levels may find the recommendations made by chapter authors of service. Authors wrote their chapters with nonexperts as the target audience – teachers who may have little or no background in science of learning, research-based approaches to teaching and learning, or even general principles of psychological science. The book is organized in three sections. The 14 chapters in Part 1 address important concepts, principles, theories, and research findings, and applications related to the science of learning. The four chapters in Part 2 focus on preparing faculty to apply science of learning principles in their courses. Finally, the six chapters in Part 3 provide examples of research that have been done in real academic settings and that have applied one or more science of learning principles.

Among the contents are:

2. “Research-Based Principles for Designing Multimedia Instruction,”
   R.E. Mayer, p. 59;
3. “Generating Active Learning,” S. Bertsch and B. Pesta, p. 71;
   C.M. Hakala, p. 194;
7. “Student misconceptions: Where do they come from and what can we do? A.K. Taylor &
   P. Kowalski, p. 259;
8. “The Influence of Guiding Questions on Skilled- and Less-Skilled Readers’ Understanding of

Journal of the National Education Association 24(8): 241-244 (1935); 24(9): 301-303 (1935);
25(1): 7-8 (1936). The articles were: (a) reprinted in the Humanistic Mathematics Newsletter 6:
2-14 (May 1991); (b) placed on the web along with other Benezetia at the Benezet Centre

One of those who set the stage for Thorndike was the great muckraker and classroom observer Joseph Mayer Rice (1857- 1934) <http://bit.ly/1sSgYjc>, the father of research on teaching. Rice endured great difficulties for his beliefs just a few years before the experimental psychology of E. L. Thorndike <http://bit.ly/1ofcrHD> was deemed acceptable. . . . . In 1897, in Atlantic City, New Jersey, Rice was asked to present his empirical classroom-based research on the futility of the spelling grind to the annual meeting of school superintendents. I do not think they were as polite as today's administrators, as they attacked the speaker, yelling the equivalent of “give him the hook.” . . . . [For the futility of the early-grade algorithmic math grind see Benezet (1935/36)] - for a “give him the hook” response see e.g., Wayne Bishop’s (2002) Math-Teach post “Benezet experiment described in the Manchester paper,” . . . .” at <http://bit.ly/1sSzfJ0>. . . . . Leonard P. Ayres <http://bit.ly/1FeH19m> reports on the meeting as follows: “The presentation of these data threw that assemblage into consternation, dismay, and indignant protest. But the resulting storm of vigorously voiced opposition was directed, not against the methods and results of the investigation, but against the investigator who had pretended to measure the results of teaching spelling by testing the ability of the children to spell.”


Bishop wrote:

The “scholarly articles” that L.P. Benezet published in 1935 in the *Journal of the National Education Association* <http://bit.ly/QP4uGW> are interesting in that they show how little the adjective “scholarly” meant in professional education then, just as how little it means now. Little has changed in the intervening decades. A pied-piper “researcher” comes with a conviction and the gift of leadership, ignores parental concerns especially those of educated parents, finds a way to implement the experiment in spite of the concerns of knowledgeable parents, and goes to his grave knowing that he’s right in spite of the utter demise of his experiment. Amazing.


Bond, L. 2005. “A different way to think about teaching and learning - Who has the lowest prices,” *Carnegie Perspectives*; online as a 143 kB pdf at <http://1.usa.gov/1wPSg1i>, thanks to ERIC.


This popular trade book, originally released in hardcover in the Spring of 1999, has been newly expanded to show how the theories and insights from the original book can translate into actions and practice, now making a real connection between classroom activities and learning behavior.

This paperback edition includes far-reaching suggestions for research that could increase the impact that classroom teaching has on actual learning. Like the original hardcover edition, this book offers exciting new research about the mind and the brain that provides answers to a number of compelling questions. When do infants begin to learn? How do experts learn and how is this different from non-experts? What can teachers and schools do-with curricula, classroom settings, and teaching methods—to help children learn most effectively? New evidence from many branches of science has significantly added to our understanding of what it means to know, from the neural processes that occur during learning to the influence of culture on what people see and absorb. *How People Learn* examines these findings and their implications for what we teach, how we teach it, and how we assess what our children learn. The book uses exemplary teaching to illustrate how approaches based on what we now know result in in-depth learning. This new knowledge calls into question concepts and practices firmly entrenched in our current education system.

Topics include:
1. How learning actually changes the physical structure of the brain.
2. How existing knowledge affects what people notice and how they learn.
3. What the thought processes of experts tell us about how to teach.
4. The amazing learning potential of infants.
5. The relationship of classroom learning and everyday settings of community and workplace.
6. Learning needs and opportunities for teachers.
7. A realistic look at the role of technology in education.

See also *How Students Learn History, Mathematics, And Science In The Classroom* [Donovan & Bransford (2005)].


University students were asked to solve simple problems about the trajectories of falling objects. A majority of the students revealed a variety of misconceptions about motion. However, the few basic patterns of responses produced by the subjects suggest considerable commonality in the types of naive physical “laws” people develop on the basis of everyday experience with the world.

What is distinctive about the ways specific disciplines are traditionally taught, and what kinds of learning do they promote? Do they inspire the habits of the discipline itself, or do they inadvertently contradict or ignore those disciplines? By analyzing assumptions about often unexamined teaching practices, their history, and relevance in contemporary learning contexts, this book offers teachers a fresh way to both think about their impact on students and explore more effective ways to engage students in authentic habits and practices.

This companion volume to Exploring Signature Pedagogies covers disciplines not addressed in the earlier volume and further expands the scope of inquiry by interrogating the teaching methods in interdisciplinary fields and a number of professions, critically returning to Lee S. Shulman’s origins of the concept of signature pedagogies. This volume also differs from the first by including authors from across the United States, as well as Ireland and Australia.

The first section examines the signature pedagogies in the humanities and fine arts fields of philosophy, foreign language instruction, communication, art and design, and arts entrepreneurship. The second section describes signature pedagogies in the social and natural sciences: political science, economics, and chemistry. Section three highlights the interdisciplinary fields of Ignatian pedagogy. . . . . . . . . , women’s studies, and disability studies; and the book concludes with four chapters on professional pedagogies – nursing, occupational therapy, social work, and teacher education – that illustrate how these pedagogies change as the social context changes, as their knowledge base expands, or as online delivery of instruction increases.

Among the contents are:

(1) “The Socratic Method: Teaching and Writing About Philosophy’s Signature Pedagogy”—S. Bloch-Shulman;

(2) “Signature Pedagogies in Political Science: Teaching Students How Political Actors Behave”—J.L. Bernstein;

(3) “Is There a Signature Pedagogy in Economics?”—M.H. Maier, K.M. McGoldrick, and S.P. Simkins;

(4) “Signature Pedagogies in Chemistry”—S. Gravelle and M.A. Fisher;

(5) “A Signature Feminist Pedagogy: Connection and Transformation in Women’s Studies”—H. Hassel and N. Nelson;


Examines procedures previously recommended by various authors for the estimation of “change” scores, “residual,” or “basefree” measures of change, and other kinds of difference scores. A procedure proposed by F. M. Lord is extended to obtain more precise estimates, and an alternative to the L.R. Tucker, F. Damarin, and S.A. Messick procedure is offered. A consideration of the purposes for which change measures have been sought in the past leads to a series of recommended procedures which solve research and personnel-decision problems without estimation of change scores for individuals.

Editors from 12 major publishing houses completed a survey examining 5 aspects of the introductory psychology textbook market: the current and future number of introductory texts, the changing content of introductory texts, the effects of fewer introductory textbook publishers, custom publishing, and computer technologies. Editors reported that (a) their companies now offer and will continue to offer an average of 4–8 texts; (b) introductory texts will likely become more cross-cultural, biological, cognitive, and scientific in orientation; (c) the shrinking number of publishers will reduce the number of texts but increase their overall quality; (d) custom-published texts are unlikely to replace traditional texts; and (e) CD-ROM-based materials will be used more in the future and may eventually replace the traditional text.


These authors have clearly shown the value in looking for the signature pedagogies of their disciplines. Nothing uncovers hidden assumptions about desired knowledge, skills, and dispositions better than a careful examination of our most cherished practices. The authors inspire specialists in other disciplines to do the same. Furthermore, they invite other colleagues to explore whether relatively new, interdisciplinary fields such as Women’s Studies and Global Studies have, or should have, a signature pedagogy consistent with their understanding of what it means to ‘apprentice’ in these areas.

See also Schwartz & Gurung (2012) and Chick, Haynie, & Gurung (2012).


Hake, R. R. 2005c. “The Physics Education Reform Effort: A Possible Model for Higher Education,” online as a 100 kB pdf at <http://bit.ly/9aicfh>. This is a slightly edited version of an article that was (a) published in the National Teaching and Learning Forum 15(1), December 2005, and (b) disseminated by the Tomorrow's Professor list <http://bit.ly/d09Y8r> as Msg. 698 on 14 Feb 2006.


Hake, R.R. 2006. “Possible Palliatives for the Paralyzing Pre/Post Paranoia that Plagues Some PEP’s,” Journal of MultiDisciplinary Evaluation 6, November, online at <http://bit.ly/NuGIRL>. This was a precursor to “Should We Measure Change? Yes!” [Hake (2011b)].


Asking psychologists for information on pre/post testing is like asking physicists for information on divining rods; see e.g., ‘Do Psychologists Research the Effectiveness of Their Courses? Hake Responds to Sternberg’ [Hake (2005b)].


Formative pre/post testing is being successfully employed to improve the effectiveness of courses in undergraduate astronomy, biology, chemistry, economics, engineering, geoscience, math, and physics. But such testing is still anathema to many members of the psychology-education-psychometric (PEP) community. I argue that this irrational bias impedes a much needed enhancement of student learning in higher education. I then review the development of diagnostic multiple-choice tests of higher-level learning; normalized gain and ceiling effects; the documented two-sigma superiority of interactive engagement (IE) to traditional passive-student pedagogy in the conceptually difficult subject of Newtonian mechanics; the probable neuronal basis for such superiority; education’s lack of a community map; higher education’s resistance to change and its related failure to improve the public schools; and, finally, why we should be concerned with student learning.

See also “The Impact of Concept Inventories On Physics Education and Its Relevance For Engineering Education” [Hake (2011c)].


Currently available in 27 languages: Arabic, Chinese (simplified), Chinese (traditional), Croatian, Czech, Dutch, English, Finnish (Suomi), French (Canadian), French (France), German, Greek, Hungarian, Indonesian, Italian (Italiano), Japanese, Malaysian (Bahasa), Norwegian, Persian, Polish Portuguese (Portugal), Portuguese (Brazil), Russian, Slovak, Spanish, Swedish, & Turkish.


Hersh, R.H. 2005. “What Does College Teach? It’s time to put an end to ‘faith-based’ acceptance of higher education’s quality,” Atlantic Monthly 296(4): 140-143, November; freely online to (a) subscribers of the Atlantic Monthly at <http://theatlnt.tc/1iRsDMD>, and (b) (with hot-linked academic references) to educators at http://bit.ly/1CJGAEj> (scroll to the APPENDIX). See also Hersh & Merrow (2005).


Klymkowsky, M.W. 2006. *Bioliteracy.net*, online at <http://bioliteracy.net/>. Klymkowski wrote:

> Our goal is to generate, test and distribute the tools to determine whether students are learning what teachers think they are teaching. We assume that accurate and timely assessment of student knowledge will pressure the educational world toward more effective teaching. WHY? (a) Because basic understanding of the biological sciences impacts our lives in more and more dramatic ways every year. (b) A wide range of important personal, social, economic and political decisions depend upon an accurate understanding of basic biology and the means by which science generates, tests and extends our knowledge.


> “A shortened form of E. D. Vaughan's (1977) ‘Test of Common Beliefs’ was administered to 162 undergraduates at the beginning and end of an introductory psychology course (PC) and to 44 seniors before and after a senior level PC. Results support those of Vaughan, in that an introductory PC seems to have little effect on some common beliefs about the subject that are widely held by students. (10 ref)”

On 12 Jan 2015 Google <http://www.google.com/> searches:

1. for “College Students’ Common Beliefs about Psychology” yielded 246 hits at <http://bit.ly/1Fe5njA>.


Some of the problems surrounding the use of true-false tests of psychological misconceptions are discussed. The development of a new 62-item, multiple-choice test of misconceptions designed to reduce these problems is outlined. The test was given to 79 students in introductory psychology. Reliability, validity, and normative data are provided. A comparison of the interest level of each item’s topic allows psychology professors a reasonable criterion for deciding which misconceptions to discuss in class.


“Reports the results of testing 143 college freshmen on the meaning of density. Relates reasons for student inability to conceptualize density to the hierarchy of experiences which leads to the understanding of the density concept.”

27

This Resource Letter provides a guide to the literature on research-based active-learning instruction in physics. These are instructional methods that are based on, assessed by, and validated through research on the teaching and learning of physics. They involve students in their own learning more deeply and more intensely than does traditional instruction, particularly during class time. The instructional methods and supporting body of research reviewed here offer potential for significantly improved learning in comparison to traditional lecture-based methods of college and university physics instruction. We begin with an introduction to the history of active learning in physics in the United States, and then discuss some methods for and outcomes of assessing pedagogical effectiveness. We enumerate and describe common characteristics of successful active-learning instructional strategies in physics. We then discuss a range of methods for introducing active-learning instruction in physics and provide references to those methods for which there is published documentation of student learning gains.

Mulford, D.R. 2001. "Chemical Concepts Inventory" online at *Chemical Concepts Inventory* published online 2001 by JCE Online (Journal of Chemical Education) <http://bit.ly/14rI4Eq>. Mulford wrote:

The Chemical Concepts Inventory (CCI) is a multiple choice instrument that can be used to indicate the level of chemistry misconceptions held by students. The inventory is a multiple choice instrument composed of one- and two-tiered non-mathematical conceptual questions (22 questions total). The questions are based on commonly-observed student misconceptions about topics generally covered in the first semester of a college chemistry course. The inventory was administered to over 1400 students in a general chemistry course for science and engineering majors (all of whom had had a high school chemistry course) during the first week of a fall semester and repeated during the first week of the following spring semester. The average grade on the inventory was 45% (10 of 22) in the fall and 50% (11 of 22) the following spring. . . . . . . . [(thus the average normalized gain \(<g>\) was *about* [Mulford’s data was not “perfectly matched”, i.e., *only the same* students taking both pretest and posttest] = \([%\text{post} - %\text{pre}] / [100\% - %\text{pre}] = [50\% - 45\%] / [100\% - 45\%] = 5\%/55\% = 0.09\), pathologically low by *Force Concept Inventory* standards where traditional passive-student lecture courses yield about \(<g> = 0.2 \text{ - see Hake (1998a,b)}\).] . . . . . . \(\text{The inventory indicates that many of our general chemistry students are not fluent with a significant portion of the concepts in general chemistry. They have difficulty with fundamental concepts concerning the properties and behavior of atoms and molecules. For example, after at least two semesters of high school chemistry and one semester of general chemistry, 47\% of our students believe that the rust from a completely rusted iron nail weighs less than the nail it came from; 75\% cannot distinguish between the properties of a single atom of sulfur and a sample of solid sulfur; and 65\% believe that breaking chemical bonds gives off energy. Please feel free to download this inventory and use it with your students.}

Would a “Psychology Concept Inventory” show similar relatively low pre-to-post course average normalized gains for traditional introductory psychology courses?


Over the past two decades, a growing body of scholarship of teaching and learning (SoTL) has emerged. This empirical study of teaching methods, course design, and students' study practices has yielded invaluable information about how teachers teach and learners learn. Yet, university faculty members remain largely unaware of the findings of SoTL research. As a result, they tend to choose their teaching techniques and tools based on intuition and previous experience rather than on scientific evidence of effectiveness.

This book synthesizes SoTL findings to help teachers choose techniques and tools that maximize student learning. Evidence-based recommendations are provided regarding teacher–student rapport, online teaching, use of technology in the classroom (such as audience response systems, podcasting, blogs, and wikis), experiential learning (such as internships, teaching assistantships, research assistantships, and in-class research projects), students' study habits, and more.

In order to stimulate future SoTL research, the book also recommends numerous areas for future investigation. It concludes with advice for documenting teaching effectiveness for tenure review committees.

Both novice and experienced university teachers will find this book useful, as well as professionals who work in faculty development centers.


[Signature Pedagogies] are types of teaching that organize the fundamental ways in which future practitioners are educated for their new professions. In these signature pedagogies, the novices are instructed in critical aspects of the three fundamental dimensions of professional work – to think, to perform, and to act with integrity. But these three dimensions do not receive equal attention across the professions.


Foreword writer Trudy Banta appears to be as unaware of physics education research as is Suskie. Economist Bill Goffe (2011), in his PhysLrnR post “Re: Business agenda for K-12 STEM education: not research-informed” wrote: (paraphrasing):

. . . it appears that Physics Education Research isn't widely known even in higher ed. For example, Trudy Banta and Charles Blaich in a *Change Magazine* article “Closing the Assessment Loop” <http://bit.ly/IQyEYp> [Banta & Blaich (2011)] bemoan the fact that they can find very few instances of improved learning after a teaching innovation. The extensive physics education research that so convincingly demonstrates such a connection is not even mentioned.


Common misconceptions about behavior are distressingly resistant to change by text reading and class discussion.

